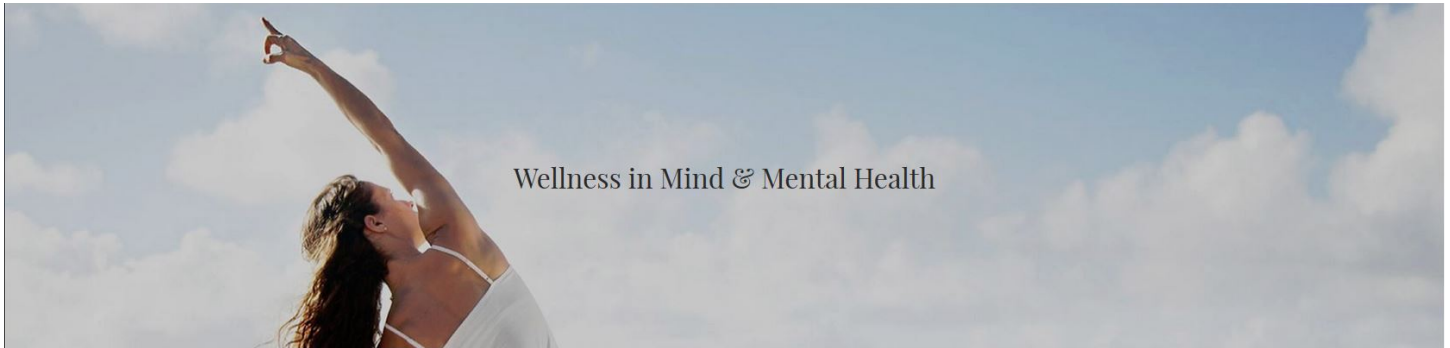


## **Crisis Help - Susanna Daniel, LICSW**

[www.suedaniellicsw.com](http://www.suedaniellicsw.com)



### **If you are having a Psychiatric Emergency:**

**Please call 911 or go to your local Emergency Room.**

#### **BEST Team (Boston Emergency Service Team): 800-981-4357**

This is the primary emergency service team in the Boston area. (Serves Boston, Cambridge, and Somerville). They are open 24/7, including holidays.

#### **The Samaritans: 800-252-8336**

For the Greater Boston area, and the entire state of Massachusetts.

They are open 24/7, including holidays.

#### **For all other communities: 877-382-1609 and enter your zip code.**

In-person behavioral health crisis assessment, intervention, and stabilization services 24 hours a day for individuals of all ages covered by MassHealth (Medicaid) plans, Medicare, and the uninsured. Clients can be seen in the community or at their two centers. They provide assessment, treatment planning, and hospitalization, if necessary. There is also respite care at their two centers in Boston and Cambridge

## **ADDITIONAL RESOURCES:**

### **CRISIS AND SUICIDE**

#### **Adults:**

National Suicide Prevention Lifeline  
(800) 273-8255

National Hopeline Network  
(800) 784-2433

#### **Children and Young Adults:**

Girls & Boys Town National Hotline  
(800) 448-3000

National Youth Crisis Hotline  
(800) 442-4673

#### **Domestic Violence**

National Domestic Violence Hotline  
(800) 799-7233

National US Child Abuse Hotline  
(800) 422-4453

#### **NIH National Institute of Mental Health**

[www.nimh.nih.gov/health/find-help/index.shtml](http://www.nimh.nih.gov/health/find-help/index.shtml)



#### **VETERANS**



## **ALCOHOL**

Alcohol Hotline

(800) 331-2900

Al-Anon for Families of Alcoholics

(800) 344-2666

Alcohol and Drug Helpline

(800) 821-4357

Alcohol Treatment Referral Hotline

(800) 252-6465

Alcohol & Drug Abuse Hotline

(800) 729-6686

Families Anonymous

(800) 736-9805

National Council on Alcoholism and Drug Dependence Hopeline

(800) 622-2255

## **SUBSTANCE ABUSE**

Poison Control

(800) 222-1222

National Institute on Drug Abuse Hotline

(800) 662-4357

Cocaine Anonymous

(800) 347-8998

National Help Line for Substance Abuse

(800) 262-2463